

Community Service Worker Roadside Litter Pickup Guidelines

Essential guidelines to ensure safety while participating in road cleaning activities



Road Cleaning Safety Instructions: Procedures

Check-In Instructions Before Starting Work

- You MUST check in before starting work by texting YOUR EXACT location to 540-446-4556.

Check-Out Instructions After Completing Work

- You MUST check out when finished by texting 540-446-4556.
- SHARE your exact location and the number and locations of bags.
- TO RECEIVE CREDIT HOURS – Bags must be filled $\frac{3}{4}$ full and tied and left on the side of the road.
- If you do not follow these procedures, you will NOT receive credit.



Road Cleaning Safety Instructions: Essential Dos and Don'ts

Dos: Important safety practices to follow

- Check in and out via text
- Wear a safety vest at all times.
- **A safety vest must be worn at all times while on the road. Failure to comply will result in immediate dismissal from our program.**
- Take breaks and stay hydrated
- Ensure that you wear hard-soled shoes and gloves for your protection.
- Work is only permitted during daylight hours and in good weather conditions.

Don'ts: Critical safety practices to avoid

- Don't pick up litter during peak traffic
- Avoid working under the influence
- Never wear earbuds while working





Safety Gear and Practices

Wearing **proper safety gear** is essential for your protection. Always use high-visibility clothing and gloves to ensure you are seen by drivers while working along the road. Safety comes first!



Additional Safety Precautions

- Always listen for traffic—do not wear earbuds.
- Avoid construction zones, maintenance sites, tunnels, medians, or bridges and overpasses.
- Do not pick up litter that appears hazardous.
- Exercise caution when working near the edge of the road.
- Do not pick up or handle hazardous items such as dead animals, syringes, needles, unknown substances, or weapons.





Rest and Awareness: Take Breaks



Staying **hydrated and alert** is crucial. Take breaks to avoid **fatigue and overexertion** during road cleaning activities. Always watch for hazards and ensure your safety at all times.



Reporting and Participation Guidelines

To receive credit hours, bags must be $\frac{3}{4}$ **full and tied**. Participant assumes all risk of injury while participating in this program and will indemnify and hold harmless Stafford County and the Commonwealth and their officers and employees from any injuries sustained or caused by the participant.





**SAFETY
FIRST**

Best Practices

- Park your vehicle safely on the side of the road.
- Always walk facing oncoming traffic.
- Take regular breaks, stay hydrated, and avoid overexertion.
- Be aware of your surroundings, particularly of snakes and poisonous plants.
- Remember to check for ticks after your activities.



Road Cleaning Safety Instructions

Thank you for your commitment to safety. Always remember that **your well-being** is our first priority. Follow these guidelines to ensure a successful and safe experience while contributing to a cleaner environment. Stay safe out there!

Community Service Worker Roadside Litter Pickup Guidelines

Procedures:

If you do not follow these procedures, you will NOT receive credit.

1. You **MUST** check in before starting work by texting 540-446-4556.
 - SHARE your exact location
2. You **MUST** check out when finished by texting 540-446-4556.
 - SHARE your exact location and the number and locations of bags.
3. **TO RECEIVE 1 HOUR OF CREDIT, you are required to collect a minimum of 1 Bag per hour that is filled $\frac{3}{4}$ full, tied, and left on the side of the road. Bags that are filled less than $\frac{3}{4}$ full or are not tied WILL NOT count towards your hours!**

Safety Guidelines:

- **Always Wear a Safety Vest**
 - A safety vest must be worn at all times while on the road. Failure to comply will result in immediate dismissal from our program.
- **Dress Appropriately**
 - Wear bright clothing that fully covers your arms and legs.
 - Ensure that you wear hard-soled shoes and gloves for your protection.
- **Work Hours**
 - Work is only permitted during daylight hours and in good weather conditions.

Do Not Pick Up Litter or Be on the Road When:

- Traffic is heavy or during peak travel times on busy roads.
- You are under the influence of drugs or alcohol.

Additional Safety Precautions:

- Always listen for traffic—do not wear earbuds.
- Avoid construction zones, maintenance sites, tunnels, medians, or bridges and overpasses.
- Do not pick up litter that appears hazardous.
- Exercise caution when working near the edge of the road.
- Do not pick up or handle hazardous items such as dead animals, syringes, needles, unknown substances, or weapons.

Best Practices:

- Park your vehicle safely on the side of the road.
- Always walk facing oncoming traffic.
- Take regular breaks, stay hydrated, and avoid overexertion.
- Be aware of your surroundings, particularly of snakes and poisonous plants.
- Remember to check for ticks after your activities.

After you have reviewed and completed your training, please click on the link below to submit and receive credit for your training.

<https://form.jotform.com/252895101080149>